

# POSITIVE SOLUTIONS FOR FAMILIES

Would you like...

- fewer power struggles with your child
- to feel less stress as a parent
- new ways to play with your child that help build language and social skills

This seven session series will provide you with information to accomplish these goals. You will receive a parent notebook with activities to practice with your children and a guide that offers advice for getting through daily routines such as mealtime and bedtime more easily.

Facilitated by Katherine Broekhuysen and Sarita Naegeli  
Child Development Specialists, Child Guidance  
Oklahoma City County Health Department—Room 245  
921 NE 23rd St., Oklahoma City, Ok

Wednesdays 10:30am-11:45am  
March 24 & 31, April 7, 14, 21, & 28, and May 5

**[Pre-Register: 425-4412](tel:425-4412)**

